

Smag På Dig Selv

MIDDELKLASSEN AVLER KUN SKELETTER

EP

Released digitally september
29th

Stunt Records

Smag På Dig Selv (Taste Yourself) is now ready to release their new EP "**Middelklassen Avler Kun Skeletter**".

The title can be both said, thought, and interpreted in many ways, and even though it's no secret that social and cultural critique is a motivation and inspiration for the band and this release, it also stands on its own, allowing interpretation to be up to the listener.

Musically, the release represents a specific moment in the band's ongoing process of development and learning. Everything was recorded live during a freezing holiday in the dark winter, in a recreational home where the band themselves grew up. Here, the band and their sound engineer established a studio, creating a very honest release that aims to capture the sound of a band standing together in the same room, playing music together, with all that it entails.

Smag På Dig Selv!

About the tracks

AL MAGT TIL OVERFØRSELSINDKOMST (ALL POWER TO WELFARE INCOME)

This song was created by the band with the purpose of describing the feeling of going to the job center and being accepted for public welfare support. It's a kind of tribute to the Danish welfare



system. The song radiates a bit more joy than other tracks from Taste Yourself. This is supported by the fact that this is the only SPDS song in a major key.

HVIDE MÆND SPILLER AFROBEAT (WHITE MEN PLAY AFROBEAT)

"White Men Play Afrobeat" inserts itself into current considerations that have long been relevant, important, and necessary in relation to cultural appropriation. Here, a musical perspective is applied, when the band delves into the whitest and most northern version of Afrobeat. This is done, of course, out of a great love and reverence for the genre and an acknowledgment of the band's own limitations within the framework, from which they draw their inspiration. Furthermore, inspired by the general concept of the song, and in a somewhat humorous way, the song raises the question of whether you can shoehorn bebop lines into EVERY context and whether this even sounds cool. There are probably no easy answers or conclusions to any of it, but everything begins with the conscious thought, considerations, and awareness.

MIDDELKLASSEN AVLER KUN SKELETTER (THE MIDDLE CLASS ONLY BREEDS SKELETONS)

Musically, the song is an effort to fit what the band calls 'Colin Stetson saxophone' into a



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rhythmic format. At the same time, according to several listeners, one can easily imagine the orcs marching out of the gates of Mordor with this song as their fanfare. You could overanalyze the title and relate it to a critique of the more conformist parts of Danish society and cultural elements that tend in that direction, but we believe that both the title and the song speak for themselves.

FUCK DER KOMMER KONTROLLØRER
(FUCK, HERE COME THE INSPECTORS)

This track originates from the recognizable, anxious, and somewhat regretful feeling of forgetting to buy a ticket for the train and contemplating the consequences when facing a ticket inspector.

About Smag På Dig Selv

A drummer and two saxophonists. That's the simple recipe for one of the wildest live bands in the Nordics. It tastes like punk, it tastes like jazz, a bit of pop, hip-hop, afrobeat, and maybe some 90s dance. The Christiania-based trio Taste Yourself embodies instrumental euphoria – dangerous, forward-moving, seductive, and free. The three

friends in Taste Yourself came together in 2018 with a vision of getting people onto the dance floor and pushing the boundaries of the usual concert experience and genre understanding. Since then, they've been making waves in the Danish underground scene, leaving stages, dance floors, and audiences in sweaty ecstasy – including a performance at Roskilde Festival last year.

“With wicked, sizzling technojazz and Tibetan throat singing, Smag På Dig Selv transformed the Rising stage into a muddy dance floor in the name of liberation” - [Undertoner](#) (5,5/6)

With just a single EP under their belt, SPDS (Taste Yourself) has spent the past 5 years performing countless shows across the country and established themselves as a rambunctious live phenomenon in many underground scenes. In addition to their tireless techno-inspired energy, they have garnered attention for incorporating everything from Nordic throat singing, poetry readings, and industrial props into their stage presence. Even Politiken's reviewer was left in shock after the trio's performance at Huset during the 2022 Copenhagen Jazz Festival. When was the last time you headbanged at a jazz concert?

Albert Holberg (dr), Thorbjørn Øllgaard (bs), Oliver Lauridsen (ts)

***Al Magt Til Overførselsindkomst / Hvide Mænd Spiller Afrobeat /
Middelklassen Avler Kun Skeletter / Fuck Der Kommer Kontrollører***

**STUON 23143 Smag På Dig Selv, Middelklassen Avler
Kun Skeletter, Stunt Records, Sundance Music ApS.**



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